

Cody Rhodes's Family and Upbringing: A Closer Look at His Parents

Cody Rhodes, one of professional wrestling's most prominent figures, is not just known for his in-ring charisma and storytelling abilities but also for the strong foundation laid by his family. To understand Cody's journey and his path to wrestling stardom, it's essential to look closely at his parents and the environment in which he grew up.



Cody was born into wrestling royalty. His father, **Dusty Rhodes**, widely regarded as “The American Dream,” was one of the most influential wrestlers of his time. Dusty’s larger-than-life persona, storytelling mastery, and unmatched charisma left an indelible mark on the wrestling world. Growing up, Cody was exposed to the wrestling business firsthand. From a young age, he observed his father’s work ethic, dedication, and ability to connect with fans, lessons that would shape his own wrestling philosophy.

Also Read:- [Who is The Rock's Wife?](#)

Cody’s mother, **Terri Runnels**, also played a significant role in his upbringing. A former WWE personality herself, Terri brought a unique perspective to Cody’s life, balancing the

glamorous and high-pressure world of professional wrestling with the importance of family values and personal growth. She instilled in Cody a sense of discipline and resilience, qualities that have been crucial in his career, particularly during challenging periods such as his departure from WWE and the creation of All Elite Wrestling (AEW).

Growing up in such a household, Cody was constantly surrounded by the nuances of the wrestling industry. He learned not just about athleticism and performance but also about the importance of storytelling, character development, and connecting with audiences emotionally. While he carried the Rhodes legacy, Cody also worked hard to forge his own path, blending his father's teachings with his personal vision for wrestling.

Cody Rhodes's upbringing reflects a perfect blend of mentorship, inspiration, and guidance. With a father who was an iconic wrestling figure and a mother who emphasized balance and discipline, Cody's family background has played a pivotal role in shaping him into the wrestler and leader he is today. Understanding his parents' influence provides fans with a deeper appreciation of Cody's journey, highlighting how family and upbringing can mold a true wrestling superstar.

Know More: [Cody Rhodes's Parents](#)