

A Look at The Rock's Personal Life: Who Is Dwayne 'The Rock' Johnson's Wife?

Dwayne "The Rock" Johnson is known worldwide for his electrifying wrestling career, blockbuster Hollywood roles, and charismatic personality. But beyond the fame, action, and muscle, The Rock leads a grounded and fulfilling personal life – one that revolves around his family and, most importantly, his wife, Lauren Hashian.



Lauren Hashian, a talented singer and songwriter, has been by Johnson's side for nearly two decades. The couple first met in 2006 on the set of *The Game Plan*, when Johnson was still transitioning from wrestling to acting. Though sparks didn't immediately fly, their connection grew stronger over time. After years of dating, they officially tied the knot in a private ceremony in Hawaii in August 2019 – a moment that reflected their love for simplicity and privacy.

Lauren is not just known as “The Rock’s wife.” She’s a creative artist with her own musical accomplishments, having released singles like “Go Hard” and “Ride the Wave.” Despite her successful career, she often chooses to stay out of the media spotlight, focusing instead on family life.

Check Out:- [WWE SmackDown Highlights](#)

The Rock and Lauren share two adorable daughters – Jasmine and Tiana – who often steal the show on Johnson’s social media. His posts reveal a softer side of the global superstar, showcasing tender father-daughter moments, morning cuddles, and hilarious playtime clips that fans can’t get enough of.

What makes their relationship stand out is the deep respect and admiration they have for each other. Johnson has often expressed gratitude toward Lauren, calling her his “rock” and acknowledging her unwavering support through his highs and lows.

Behind all the fame and fortune, Dwayne Johnson’s love story with Lauren Hashian is a reminder that true happiness often lies in the quiet moments shared with family. Their journey together continues to inspire fans – proving that even one of the world’s biggest stars values love, loyalty, and togetherness above all else.

Related Article: [Who is The Rock’s Wife?](#)