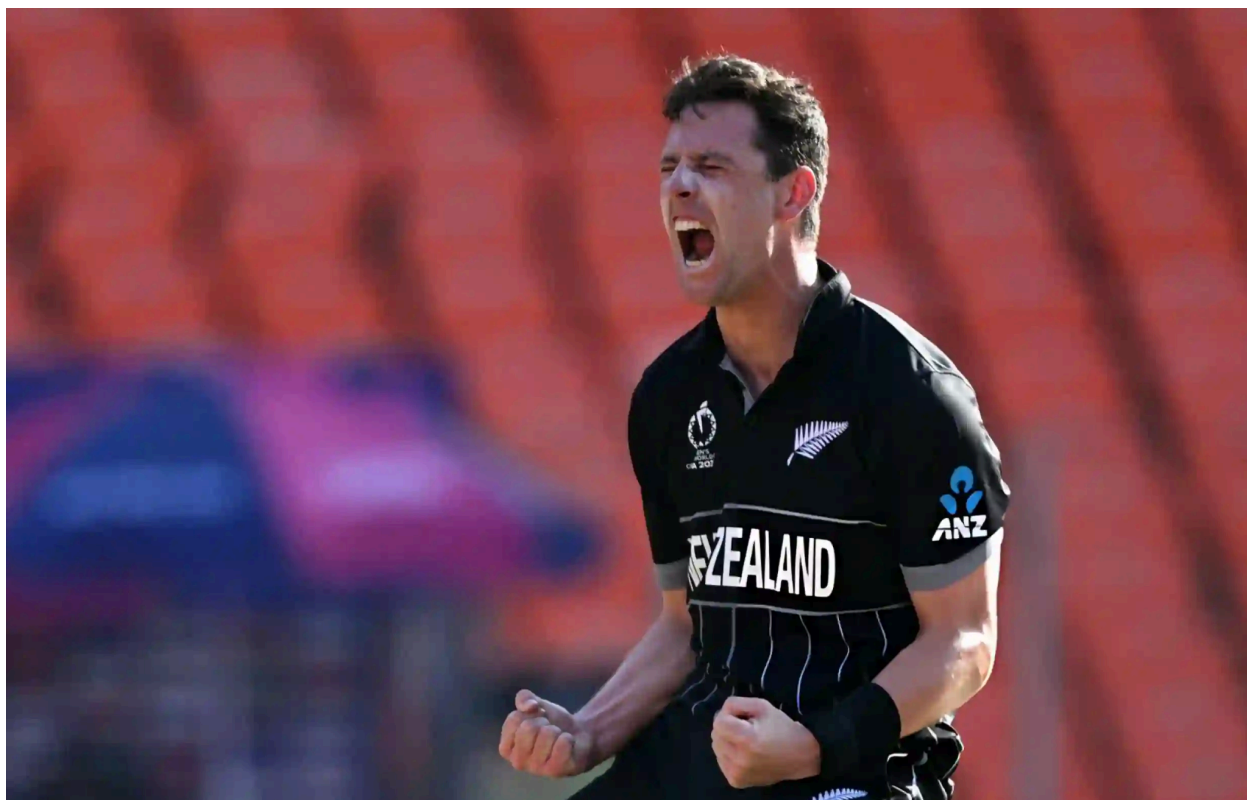


Matt Henry Profile: Know Career Stats and Personal Life



Matt Henry is one of New Zealand's most dependable fast bowlers in limited-overs cricket. Known for his ability to swing the ball at high pace and deliver crucial breakthroughs, Henry has been a consistent performer for the Black Caps across formats. This article takes a detailed look at **Matt Henry's career stats, cricket journey, and personal life.**

Early Life and Background

Matt Henry was born on **14 December 1991** in Christchurch, New Zealand. Growing up in a sports-oriented environment, he developed a passion for cricket at an early age. His height, natural athleticism, and smooth bowling action helped him stand out as a promising fast bowler during his formative years.

Henry's early success in domestic cricket paved the way for his rise to the international level.

Know More: [Matt Henry Wife: Who Is She?](#)

Matt Henry's International Career

Matt Henry made his **international debut for New Zealand in 2014** and quickly established himself as a white-ball specialist. His ability to extract bounce and movement, especially with the new ball, made him a regular feature in New Zealand's ODI and T20I squads.

One of Henry's standout strengths is his effectiveness during the powerplay overs, where he often troubles batters with pace and swing. He has also delivered impactful performances in ICC tournaments, proving his value on the biggest stages.

Matt Henry Career Stats (Overview)

While Matt Henry's career stats continue to evolve, his record highlights include:

- Strong wicket-taking ability in ODIs
- Consistent economy rate in T20 Internationals
- Multiple match-winning spells in limited-overs cricket
- Notable performances against top international teams

His numbers reflect a bowler who thrives in pressure situations and contributes regularly to team success.

Domestic and Franchise Cricket

In addition to international cricket, Matt Henry has been a key performer in **New Zealand's domestic competitions**, particularly in white-ball formats. He has also featured in various global [T20 leagues](#), gaining exposure to different playing conditions and enhancing his skill set.

This experience has helped Henry adapt his bowling strategies and remain effective across formats.

Matt Henry's Personal Life

Matt Henry prefers to maintain a **low-profile personal life**, focusing primarily on his cricketing career. Off the field, he is known for his calm demeanor, strong work ethic, and

commitment to fitness. He enjoys spending time with family and teammates and is widely respected within the cricketing community.

Role in New Zealand Cricket

Matt Henry continues to play an important role in New Zealand's limited-overs setup. His experience, control with the ball, and ability to strike early make him a valuable asset, especially in high-pressure matches and major tournaments.

Final Thoughts

The [Matt Henry profile](#) showcases a fast bowler who has built his career on consistency, discipline, and performance. With his pace, movement, and international experience, Matt Henry remains a key figure in New Zealand cricket and a reliable match-winner in the modern white-ball era.